

MAY/JUNE 2012

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INSIDE

CORRECTIONS



Correctional Officers: A Job Well Done

Honor Guards • Black Heritage Program



Welcome to OCI

Oklahoma Correctional Industries is a division of the Oklahoma Department of Corrections and operates like a private business conglomerate working within the framework of state government. One of the little known facts about Oklahoma Correctional Industries is that our operations are totally self-supporting. While the Oklahoma industries program is extensive, it costs the taxpayers of this state absolutely nothing, resulting in significant overall tax savings to the general public. The salaries of all administrators, factory superintendents, sales representatives, support personnel, and offender workers are paid with monies generated from the sale of OCI products and services rather than state appropriated funds. In addition to salaries, all equipment and materials required for production is purchased from these revenues.

OCI has an extensive product line, producing furniture for offices, dormitories and classrooms. We produce a complete line of clothing for DOC facilities, and metal products for institutions to include bunk beds, tables, shelving, and even exercise equipment. Our line of park benches and tables, grills and smokers and patio furniture are very popular among Oklahoma state employees.

We utilize offender labor, along with salaried supervisors and administrative staff, to provide our customers with these quality products at a reasonable price, and in doing so reduce offender idleness and provide job skills training. OCI employs approximately 55 salaried personnel and an average of 1050 offender personnel.

OCI continues to grow and fulfill our purpose in providing the offender worker a useful skill with the hope that it will be utilized after the term of incarceration has been completed and they will be able to enter back into society as useful citizens.

Visit our showroom and let one of our representatives show you our extensive line of products. We look forward to seeing you!

4205 N. Martin Luther King Ave.
Oklahoma City OK 73111
405-425-7525
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Inside Corrections is an Oklahoma Department of Corrections bi-monthly publication distributed to employees, retirees and friends of criminal justice, to enhance communications and provide information on the development and achievements of this agency.

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On the Cover

Oklahoma Department of
Corrections Officer Badge

INSIDE CORRECTIONS

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OKLAHOMA DEPARTMENT OF CORRECTIONS

MISSION:

TO PROTECT THE PUBLIC, THE EMPLOYEES,
AND THE OFFENDERS

All readers are encouraged to submit articles, letters, comments and ideas for future issues. Copy should be submitted by e-mail to marcella.reed@doc.state.ok.us or CD. All articles are subject to editing, with every effort made to preserve the integrity of the submission.

This publication is issued by the Oklahoma Department of Corrections as authorized by the Executive Communications Administrator. Starting with the July 2010 issue, this document will no longer be printed, but will be posted to the Oklahoma Department of Corrections website. Due to the cost of printing, this publication will be issued in an electronic format only. Access to copies can be made from the Oklahoma Department of Corrections website (www.doc.state.ok.us).

Welcome to Inside Corrections



Our correctional officer award recipients and the probation and parole officer of the year were recently recognized on the House and Senate floors as part of our annual national week of correctional officer recognition. The sincere and heartfelt appreciation is felt from legislators as they take the time, after formal resolutions are read, to personally file past our officers to shake hands and say thank you for a job well done. They recognize the significant impact corrections has on the overall well-being of our state. We always speak to the fact that if you do not hear from us or see us in the media, then that is usually a good sign that all is well.

You do not have to work in corrections too long to realize that it takes all levels and job classifications of staff to operate an effective and efficient system. Our correctional officers are an integral segment of that first line of communication, observation, security, role modeling, and other key aspects that enables the Oklahoma Department of Corrections to operate such a safe and effective system. In my 35 years with the department, our system has made huge strides in professionalism, image and public support. However, there is much work ahead of us as we must continue to set the professional standards and continue to educate the public on our significant and complex role within the criminal justice system.

Nothing exemplifies more our correctional adhesiveness as a family than when one of our finest is laid to rest. The untimely passing of our honor guard leader, Sergeant Nathan Pahukoa, and the subsequent display of affection and support was unsurpassed. It was a stark reminder just how close our correctional family is. Our thoughts and prayers continue to go out to Sergeant Pahukoa's family in this week of correctional officer recognition as he was so proud of his profession, symbolized by his choosing to be interned in his honor guard uniform.

Please, also remember those that went before us and those that have given the ultimate sacrifice as we move our profession forward in an ever changing environment. Say thanks to each other for a job well done.

Justin Jones

Justin Jones
Director
Oklahoma Department of Corrections

In Other Words

OSRFCCT,

Thank you for your generous gift of crocheted hats and bears to the children who live at Marland Children's Home. I wish you could see firsthand the gratitude in their eyes because of your gift.

For most of our children, life at the Marland Children's Home represents their first opportunity for a childhood. Day-to-day life is very structured here, and our on-site school helps the children accomplish hard work and make life changing decisions. Our counselors and house parents provide them with the necessary tools so they may reach their full potential and develop into independent members of our community.

We could not do the work we do without you. Your gift is appreciated and the children realize that there is someone that cares. Your gift provides these children with continued hope.

Sincerely,

Jamie Phillips

INTERIM EXECUTIVE DIRECTOR
MARLAND CHILDREN'S HOME

Dear Chaplain Gibson,

We are so thankful for the generosity of the prisoners that knitted the 10 caps for our Food-4-Kids Backpack program. They are very nice. The kids loved them. We know cold weather will return and these will be greatly needed.

Many lives will be touched by your act of kindness. We see that God changes lives,

one person at a time. We appreciate your involvement in this great and mighty work.

God bless and keep you. Thank you again.

Sincerely,

Deborah Butler
TREASURER
CHRIST FOOD CENTER

District Supervisor Parish,

Approximately one year ago my 39 year old daughter, Amy Minkler, was convicted of a felony drug charge, her first offense, but obviously a very serious one. Due to this being her first offense, and, several very serious health issues, she was given several years of probation to be served under the guidance of Officer Lewana Harris. This was Amy's first experience of this nature, and, as her caregiver, my first also.

Naturally, we were both uncertain of what to expect as well as how this would all work. One of the many health issues with Amy was severe anxiety, brought on by a diagnosis of Bipolar and Schizophrenia. She also had extreme Diabetes and other major issues, as well as no doubt being dependent on Morphine as prescribed by a pain med doctor. With all this, she was essentially an emotional basket case, as well as physically also.

I cannot say enough good things about the way she was treated and handled by Officer Harris. Ms. Harris certainly got her point across to Amy of the seriousness of her crime and punishment,

but did so in a way that challenged Amy to do different in a positive way. And, she also did this in a way that did not degrade Amy or "put her down" in a matter that could have caused for an almost impossible situation. She allowed Amy to keep pride in herself, what little she had left at this point, and was one of very few people, including doctors, to do so.

Amy died from Diabetes problems on December 21. I can't tell you how thankful I am as her father that she was fortunate enough to have been involved with Ms. Harris during this time of her life. She turned what was still a very negative time in her life into something that Amy could at least deal with, without adding to her multitude of problems. Especially as this was her last year, it gives me a lot of peace knowing how Amy felt about Ms. Harris and her involvement with her.

I have new sympathy for other families dealing with situations of this nature. I just hope they all are getting the kind of treatment and respect afforded to them that Amy received. I am sure other people under the care of Ms. Harris will be given every chance to succeed even though they have obviously had problems. I have new hope and optimism for the people under the care of our legal system, through the good example of Ms. Harris.

Sincerely,

Ron Minkler

DCCC Staff,
I would like to take this opportunity to express my thanks and appreciation to the staff of the Dick Conner Correctional Center for their professionalism and courtesy. My wife and I drove down from St. Louis, Missouri to visit inmate Glenn Cunniff on his birthday on December 10th and the staff was remarkably civil to us. Not like the staff at his previous facility. So we wish the staff of DCCC a very Merry Christmas and a Happy New Year. Keep up the good work.

Sincerely,
Fred Amos
Charlotte Amos

All ODOC Staff,
On behalf of the Arkansas Department of Corrections and Corporal Barbara Ester's family, I want to thank you for the many cards, telephone calls and contributions made during this tragic event.

It's times like this when we are reminded that corrections across our nation have a strong bond, and the thoughtfulness and prayers that went out to our agency and Corporal Ester's family was overwhelming.

Again, we appreciate the concern shown during this time.

Sincerely,
Ray Hobbs
DIRECTOR
ARKANSAS DEPARTMENT
OF CORRECTION

Director Jones,
Today we received the check in the amount of \$500 for Sergeant Pahukoa; I personally delivered the check to Nathan this afternoon and he was deeply appreciative of the financial support from the Employee Fund. He asked that I express his appreciation to the agency and the staff members who so generously gave on his behalf.

I would also like to take this opportunity to thank you and the committee for taking such prompt action to approve the disbursement for Nathan so quickly; he has a trip to Tulsa tomorrow for yet another surgical procedure and the money will certainly help to ease the financial burden of this trips back and forth to Tulsa. It is comforting to know that we work for an agency that cares for its employees like the Oklahoma Department of Corrections does.

The staff members at Northeast Oklahoma Correctional Center have been taking food to the family and we are planning some fund raising events to help with the finances as Nathan and his family go through this difficult time.

Thank you for your thoughts and prayers.

Rodney R. Redman
WARDEN
NORTHEAST OKLAHOMA
CORRECTIONAL CENTER

Director Jones,
Today I received the check in the mail for \$500 for Corporal Janet Robertson; I want to once again thank you and the committee for acting so promptly on behalf of Corporal Robertson. I am completely humbled by the generosity of the Employee Assistance committee for providing back to back funds for two of my correctional officers.

I will say again that it is very comforting to know that we work for an agency that genuinely cares for its employees like the Oklahoma Department of Corrections does.

Please convey my deepest appreciation to the committee on behalf of myself and the employees of Northeast Oklahoma Correctional Center and thank them also for remembering Corporal Robertson in their thoughts and prayers.

Sincerely,
Rodney R. Redman
WARDEN
NORTHEAST OKLAHOMA
CORRECTIONAL CENTER

Inside Corrections welcomes your comments. Letters must include name and contact information. We reserve the right to edit all submissions. Send letters to Inside Corrections, Attn: Editor, 3400 Martin Luther King Avenue, Oklahoma City, OK 73111, or fax to (405) 425-2578. Address electronic mail to marcella.reed@doc.state.ok.us.

Howard McLeod Correctional Center

100% Mandatory Standards
99.8% Non-Mandatory Standards

James Crabtree Correctional Center

100% Mandatory Standards
100% Non-Mandatory Standards

Mack Alford Correctional Center

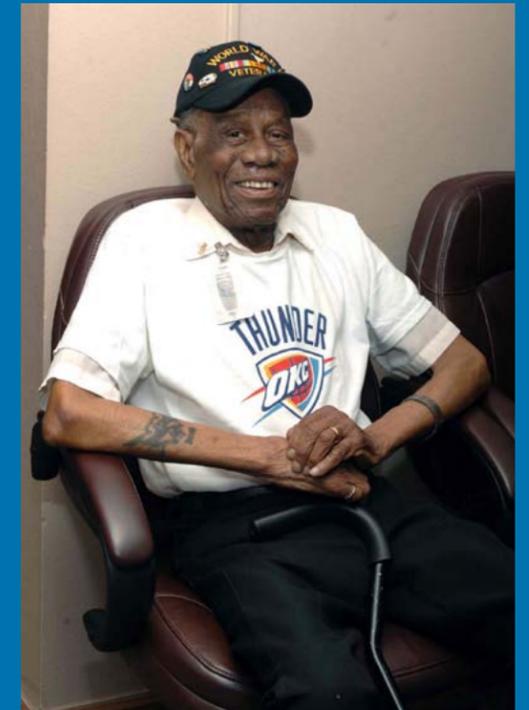
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William S. Key Correctional Center

100% Mandatory Standards
100% Non-Mandatory Standards



Director Jones; Sergeant Luis Bonfil, Internal Affairs; Chief Glenroy Hines, Kate Barnard Community Corrections Center; and Coporal Lori Peterman, Union City Community Corrections Center, at capital for Justice Reinvestment Initiative press conference.



Samuel Jackson, a former employee retired from the Oklahoma Department of Corrections and then retired from the Oklahoma State Capital, as Sergeant at Arms for the State Senate, dropped by recently just to say Hello. However, he made it pretty clear that he's enjoying retirement and doing pretty good for someone 89 years old. Samuel, we think so too.

**National Correctional
Officer Appreciation
May 6 - 12, 2012**

A DAY *in the life...*

by Mike Carpenter

...first thing is

THERE IS NO DAY

A correctional officer (CO) doesn't view a day the same as you or I. In many facilities and many posts the work day starts and ends at irregular times. And, of course, there are many assignments that may start at a regular time... but usually never end at a regular time.

"...a CO doesn't get a day in the life of... He may get a shift in the life of... or several shifts in the life of..."

A CO never knows for sure that his/her day, night, or evening will be a normal day. The definition of day gets all wonky but the definition of week does also. A CO's Monday may not have anything to do with Monday; it may be a Thursday or a Sunday. It often has little to do with a regular work week either. You and I look forward to Friday all week long, but a CO may look forward to Tuesday. So a CO doesn't get a day in the life of...; he may get a shift in the life of... or several shifts in the life of... COs are known at every facility to be willing to come in and stay in until their service is relieved by another. That may be eight hours or eighteen. That may be five days in a row or eleven.

The real deal stuff for a CO does not even start on the day they go to work. For most the day starts the night before (remember, some CO's night starts at 8 o'clock in the morning). The brass has to be polished, the shoes shined, equipment prepared, plans laid for what time to report for

transport duty, the stuff it takes to do a good job and look good doing it. This work is as important to a CO as what occurs after they arrive at a facility. It sets the tone and defines the seriousness with which they treat the rest of their duties. Many CO's see this prep work as the most important work they do. Often, in sports circles, it's called putting on your game face.

Once this important work is done the next step is often finding the phone and making sure it's near and working. As an agency we depend on our COs willingness to answer the phone and report to the facility when there's the barest hint of an emergency. Their willingness to do so provides confidence to others working inside the facility that help is but a phone call away. Additionally, as managers, we are dependent on that willingness because we couldn't hire enough folks to live without it. We simply couldn't afford it. Finally, and this is the last thing on this



subject, the offenders are dependent on this willingness also. They know that CO's will come to work and do whatever is necessary to restore order. One hour of sleep or ten, an officer will respond.

As if the phone ringing wasn't bad enough there is something worse; the alarm clock. A CO is just like everybody else. Nobody wants to hear the alarm clock in the morning. If you think it's bad at 6:00 a.m. you

should hear it at 10:45 p.m. for six months or a year. The alarm clock is a mortal enemy when you're on shift. It just isn't fair that it goes off at all. It's especially unfair if you've only been in bed for three or four hours. If there was any true justice in the world

the alarm clock manufacturers would have to build some consideration into their devices.

A quick note here about short sleep cycles. It's easy to assume that the only time an officer's sleep cycle is short is when they work double shifts. This

is a surprising fact for many but the truth is that the real cost comes from trying to juggle work and family life.

In order to provide as normal a family life as possible COs will stay up late, get up early, split their sleep cycle, and go without sleep all together. Family

is important to all of us and being able to eat with your family or be at the places important to them means officers will do whatever is necessary. For officers, this juggling creates some real challenges and sleep is what often suffers the most.

Once up, dressed, and on the way another transformation takes place. The best of officers are able to transition from family provider to offender manager easily, some struggle and, sometimes, a few fail. This transformation is not just about officers as it

happens with all correctional staff but the difference is that officers have to also shoulder the very real possibility of physical violence. This is a very real piece of the COs duties. We all understand the danger of working around offenders but for CO's it's just *(continued on page 33)*





Wayne Mehagan
Corr. Security Officer IV
Bill Johnson CC (BJCC)

Wayne Mehagan began his career with the Oklahoma Department of Corrections at BJCC in July 2004. He currently holds the position of Drill Instructor and is responsible for the 118 beds of the High Structure Unit at BJCC. He serves as a mentor and coach for the

CSO III Drill Instructor assigned and coordinates their efforts to instruct the trainees in proper marching, how to maintain inspection ready lockers, personal appearance, and discipline. Discipline is the core goal of this military style of training, and instills in each trainee a sense of pride and accomplishment that prepares them with the tools they need to meet the goals and objectives they set when entering the Main Treatment phase of the Regimented Treatment Program. Wayne is an active member of BJCC CERT and is the facility's instructor in Chemical and Inflammatory Agents. He is also the back-up sniper. Wayne is able to combine

his military experience with that of a correctional officer in both programmatic and tactical ways that enhance the facility as a whole.

Sgt. Mehagan believes the best part of his job comes months after the trainees have been promoted off the high structure unit, or maybe even months after they discharge their sentence when he hears that they are doing well and the tools they received from this program made a difference for them in a positive way. When not at work, he is an avid reader of a wide variety of fiction and non-fiction books. He also enjoys the outdoors and loves camping, hiking, hunting, and fishing.

...helping offenders acquire skills that can be used upon release

Jon Christopher Marzett began his career with the Oklahoma Department of Corrections on October 18, 2010 at DCCC.

Corporal Marzett is currently assigned as the kitchen officer and does an outstanding job maintaining safety, security and sanitation in the facility kitchen and dining hall. He works diligently to prevent theft

from the kitchen by performing thorough searches and area searches, to ensure safe food handling procedures are followed, tool and equipment accountability procedure are a priority and performs all duties at a very high level.

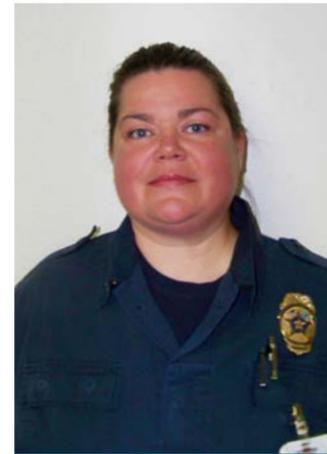
Corporal Marzett has a great attitude and is prepared to face the unique

challenges of the corrections industry. He is very proud to be part of the Oklahoma Department of Corrections Honor Guard and the DCCC CERT.

In his spare time, Corporal Marzett enjoys fishing, bowling, billiards, chess, sports, working out, swimming, reading, watching movies and being active in his community.



Jon Christopher Marzett
Corr. Security Officer III
Dick Conner CC (DCCC)



Melissa Winner
Corr. Security Officer IV
Eddie Warrior CC (EWCC)

Melissa Winner began her career with the EWCC on November 19, 2001. Sgt. Winner is a transport officer for EWCC where her duties include transporting offenders to hospital visits, court hearings, funerals, bedside visits and transfers to other facilities. Along with the duties of transporting offenders, She ensures that regular and routine maintenance is performed on her transport

vehicle. Her responsibilities are to protect the public as well as the offenders by following policy and procedure and ensuring that her transports operate as smoothly as possible.

Sgt. Winner states that she enjoys working with fellow officers from other facilities. She takes pride in her job and says she doesn't mind working the odd hours because she enjoys her job and

what she does. Her motto is to "Lead by example so others will want to follow." She states there is always something new and challenging as a transport officer.

Sgt. Winner's hobbies include listening to music, bowling, movies and family cookouts. She loves watching her son play high school football.

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Meet the CORRECTIONAL OFFICERS - PART ONE

...must be prepared for any number of issues that can arise while transporting offenders who often are sick, hurting or frustrated.



Brad Bell
Corr. Security Officer IV
Howard McLeod CC (HMCC)

Brad Bell started his career with the Oklahoma Department of Corrections on June 28, 2004. He is currently assigned to supervise a PPWP crew for the Department of Transportation. The job duties of the crew include patching and repairing roadways in Atoka County utilizing concrete and asphalt. The crew also works keeping the right of ways free from

trash and weeds. Brad is also a master level staff trainer for self defense.

Brad says that he enjoys teaching offenders how to finish concrete and also teaching the safe use of chainsaws and other equipment utilized by the crew. He feels that he is helping offenders acquire skills that can be used upon release.

During his free time, Brad says that he enjoys raising cattle and horses, hunting, fishing, rodeo, and teaching others in these areas.

"...best part comes when he hears that the tools offenders received made a difference for them in a positive way."



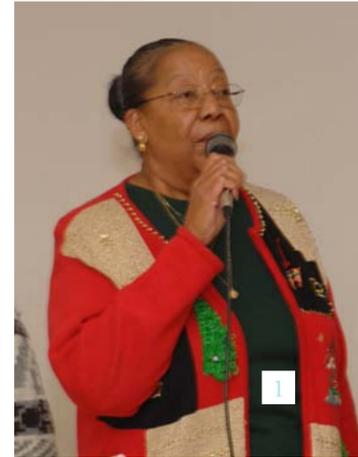
J.R. Robertson
Corr. Security Officer IV
Jackie Brannon CC (JBCC)

Sergeant J.R. Robertson is currently assigned as the Medical Transport Officer at Jackie Brannon Correctional Center. He began his career as a Temp in October of 2005. He was selected as a permanent hire in January 2006 and promoted to CSO II in July of that same year. He then promoted to CSO III/Corporal in April of 2007. In December of 2008, he achieved his cur-

rent position as Sergeant. As Medical Transport Officer, Sergeant Robertson is responsible for taking offenders to outside medical providers to receive evaluations, treatment or surgical procedures that otherwise cannot be provided at the facility level. This officer must be prepared for any number of issues that can arise while transporting offenders who often are
(continued on page 16)

E.J. PERRY ENSEMBLE CHRISTMAS CONCERT

Clara Waters Community Corrections Center
December 17, 2011



The E. J. Perry Ensemble was formed in 1981 by Mr. J. B. Thompson and several members of Tabernacle Baptist Church in Oklahoma City. During its early years Reverend E. J. Perry, Pastor of Tabernacle, was very supportive of the group and its efforts to provide spirited contemporary gospel music to the Oklahoma City community. As a result of Reverend Perry's encouragement and support, the group chose to honor him by adopting his name as its own. The group is comprised of members of several churches in Oklahoma City and many faiths.

The ensemble's mission is to provide a quality musical ministry to God's people. It believes that music is an effective means of sharing God's word with others and that music can help draw people to God and to each other. Current members of the ensemble are J. B. Thompson, Delphine Dorsey, Maxine Thompson, Beverly Miller, Shirley Cole, Thomas Byrd, Jr., Floyd Anderson, Angela Houston, Jessie Wesley, and Marthann Palmer.

Meet the CORRECTIONAL OFFICERS - PART ONE

Lead by example so that others will want to follow.

(continued from page 14)

sick, hurting or frustrated. Bio-hazard bags, post-op nausea and semi-conscious patients are just a few obstacles that the Medical Transport Officer may face on a daily basis. When not working with medical trips, Sgt. Robertson also transports offenders to funeral services, bedside visits and court trips. On the occa-

sions when transportation duties are not required, he works as a unit officer and/or fills any other security position as needed. In addition to his regular duties, he also serves as Chairperson on the JBCC Employee Council Committee.

Sergeant Robertson enjoys the 'camaraderie' that he

shares with his co-workers. In his off time, he enjoys anything to do with his kids. His children include a nephew who has lived with he and his wife since the age of four. He loves sports, hunting, fishing, and spent 20 years as a volunteer for the local Boys and Girls Club.



CHILI COOK OFF
DOC Administration Building
February 11, 2012

1st Place Winner
Phyllis Adams
\$50.00

2nd Place Winner
Janna Hill
\$25.00

...responsible for offender counts, fence and lock checks, control of contraband, responsible for stopping any offender in an attempt to escape, controls tools entering the facility and maintaining log books.



David Curry
Corr. Security Officer IV
James Crabtree CC (JCCC)

Sergeant David Curry began his career on November 23, 1994.

The current shift rotation

has Sgt. Curry assigned to the post of west gate officer. In this post, he is responsible for offender counts, fence and lock checks, stopping any offender in an attempt to escape, has control of contraband and tools entering the facility, and maintaining logbooks. He uses the Avion Heart Beat Detector on each vehicle exiting the west gate and is responsible for checking vehicles, visitors, staff and offenders entering or leaving the west gate.

Sgt. Curry enjoys his assignment to the west gate for the variety of tasks he performs daily. He appreciates the confidence his supervisors have in his ability to make decisions regarding the daily operation of his post. Controlling the points of entry is a critical post at all secure facilities, but Sgt. Curry states he "just does his job" and goes home to his wife and three stepchildren.

Sgt. Curry has a secondary job where he hauls Crude

Oil for Native American Marketing. Curry has also volunteered for the Carmen Fire Department for the past 17 years. Sgt. Curry served in the U.S. Navy for 6 years and completed Computer Repair School at Canadian Valley Vo-Tech. He enjoys fishing, hunting, camping and an annual cruise with his family. He is known for his leadership, professionalism, and dependability.

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BLACK HERITAGE PROGRAM

Greater Mount Olive Baptist Church
February 13, 2012



1. Artwork from the "Sitting in with Clara" play performed by Rhythmically Speaking - DWe Williams
2. Donna Brewer
3. Dana Murphy, Commissioner, Oklahoma Corporation Commission
4. Marilyn Luper-Hildrith and Calvin Luper receive the Lifetime Achievement Award
5. Maye Etta Nolen is presented the Trailblazer Award by Justin Jones, Director, ODOC
6. LaTasha Ingram receives the Meritorious Award from Howard H. Hendrick, Director, OKDHS
7. Joyce Jackson, (right) Administrator, Executive Communications, receives the Trailblazer Award from Justin Jones, Director, ODOC
8. Master of Ceremony Brian Creal

Meet the CORRECTIONAL OFFICERS - PART ONE



Bethany Rhyne
Corr. Security Officer IV
Jess Dunn CC (JDCC)

Sgt. Bethany Rhyne has worked for the Department of Corrections at JDCC for approximately four years. During this time, she has worked on all shifts and on all units. For the past two years, she has been assigned to the visiting room and as a K-9 handler for one year.

In the visiting room, Sgt. Rhyne works the front desk

where she greets an average of 150-200 visitors each visiting day, which at JDCC is every weekend and all state holidays. The visiting room officers at JDCC serve an important role in the security of the facility while also representing the Department to the public in a positive manner. She reviews the offender's approved visit-

ing list to ensure the visitors are approved to visit, ensures visitors are signed in and out and submits appropriate identification, pat searches visitors and screens them with a metal detector. She also monitors the visiting room and visiting yard as visits are occurring to ensure visiting rules are being observed, and is responsible for supervising the visiting room orderlies and maintaining sanitation in the area.

As one of the K-9 handlers, Sgt. Rhyne and her dog Vincent, conduct random screenings for the detection of narcotics in all areas of the facility, including offenders, work crews, mailroom, vehicles and the warehouse, and they participate in facility shake-downs. Currently, she is the lead K-9 handler at JDCC and is responsible for the care of the K-9's on

a daily basis. She also monitors the health and physical well-being of the K-9's, maintains their health records, grooms and exercises the dogs, and cleans the kennels as well as conducts practice exercises and obedience training with them. Sgt. Rhyne enjoys working with the dogs, as well as working in the visiting room and dealing with the public and offenders. She enjoys being a member of the facility CERT team. She takes pride in her job and says that it is satisfying to her to be a part of a team of officers who work hard to ensure the security of the facility. She attended Tulsa Community College and is currently attending Redlands Community College where she is majoring in Criminal Justice Administration.

...Sgt. Rhyne and her dog Vincent, conduct random screenings for the detection of narcotics in all areas of the facility, including offenders, work crews, mailroom, vehicles and the warehouse.



Bruce Kelley
Corr. Security Officer III
Jim E. Hamilton CC (JEHCC)

them for the facility's garden, mowing, weed eating, trimming trees and painting fences. His crew also utilizes old light poles and reuses them for fence posts at the facility. Trimmed tree limbs are debarked and are used as the fence rails. His crew also makes handles for tools such as shovels, axes, picks and hammers. These handles are made from donated ash logs provided by HMCC and are used by JEHCC. The surplus is distributed to HMCC and other facilities.

Officer Kelley has been at the facility since 2004 and has served three years in the US Army 101st Airborne Division where he has received the following: Combat Infantry Badge, Jump Wings, Vietnam Campaign Metal and a Bronze Star for Meritorious Service, all while serving in the Vietnam War. He was also selected Officer of the Year in

2009 for JEHCC. What he likes most about his job at JEHCC is working outside and seeing the end result of the work accomplished by him and his crew. He also states that every day is a different challenge. While away from the facility, he enjoys riding his horse, raising cattle and spending time with his grandkids.

Officer Kelley always has the willingness and desire to assist and improve any project that he and his crew work on, whether it is working on the facility grounds or setting up for facility events. He has brought his leadership skills, professionalism and motivation to the job by earning the respect of staff and offenders. Officer Kelley has instilled in the offenders an attitude of hard work and a get the job done ethic that some offenders have never had.

Bruce Kelley, JEHCC's Compound Officer, is assigned as ground crew officer and supervises approxi-

mately 75 to 100 offenders each day, which includes accountability for the numerous tools and equipment in their possession. He is in charge of keeping the facility grounds manicured and looking its best. The facility sits on 140 acres in the middle of the Ouachita National Forest so there is a massive amount of upkeep to the grounds, which keeps him and the offenders busy. Duties of offenders under Officer Kelley include: raking leaves and composting

Standing Proud



Clayton Bagley
Corr. Security Officer IV
Joseph Harp CC (JHCC)

Sergeant Clayton Bagley began his Oklahoma Department of Corrections career at Joseph Harp Correctional Center (JHCC) on January 14, 2008 as a cadet (Correctional Security Officer (CSO) I). He was promoted to his current rank of CSO IV (Sergeant) in July, 2010 and was named as JHCC's "Correctional Officer of the Year" for 2010. Referred to as the Back Dock officer, Sergeant Bagley is responsible for the supervision of the offender yard crews, and issuance of caustics to facility staff and

tools to offender workers. He is responsible for the general sanitation of the facility compound and ball field which spans 80 acres of land.

Sergeant Bagley appreciates his job and all that it entails,

yet with the staff shortage, being in this position allows him to assist the shift; whether it is operating control room doors, working a housing unit, or assisting when a 10-33 (emergency) is broadcast over the radio. His current position also allows him to assist other areas of the facility; for example, he works with the Oklahoma Correctional Industries in their waste reduction efforts by assisting in the recycling process of cardboard and pallets. In addition, whenever necessary, he provides assistance to the Business Office, Maintenance Department, etc. by traveling to other facilities to procure supplies or pick up

orders from outside vendors. These errands give him an opportunity to meet other DOC staff and the general public, which he enjoys very much.

Sergeant Bagley is an active CERT member and one of the things he enjoys as a CERT member is volunteering his time and skills to assist rappellers in the Opening Ceremonies program for the Annual Special Olympics Summer Games. He is involved in Special Olympics fundraisers and eagerly participates in Polar Plunges and Tip-a-Cops. He also enjoys hunting and fishing, but most of all, he loves spending time with his family.

VALUES:
Professionalism, Rehabilitation, Integrity, Diversity, and Excellence

VISION: *The Department of Corrections will create a culture that empowers individuals, encourages teamwork, employs best practices, and embraces diversity.*

Meet the CORRECTIONAL OFFICERS - PART ONE



James Haun
Corr. Security Officer III
Hillside CCC (HCCC)

James Haun began his career with the Department of Corrections July 17, 2001. He is currently a Lieutenant at the Hillside Community Corrections Center. His job responsibilities include facility Offender Property officer with duties to prepare monthly reports, conducting facility inspections and audits. He serves as Shift Supervisor with responsibilities for offender accountability, and duties to maintain log books, oversee facility grounds sanitation and to delegate yard assignments

to Officers and yard crew offenders for completion. Lieutenant Haun has been both a member of the Department of Corrections Honor Guard and a Lieutenant since 2008, having worked with both male and female offenders during his ten (10) year career. He ensures the officers he supervises are trained for the job they undertake and takes this task seriously making sure those he supervises are knowledgeable concerning departmental policy.

Lieutenant Haun's most positive attribute is his willingness to ensure shift coverage and his dedication to the facility. He enjoys working with people and the interactions with the offenders and staff, hoping he is able to make a positive change in someone's life. He enjoys all family gatherings and activities in his free time. His hobbies are boating, motorcycles, horseback riding, skiing, running, weight lifting and any and all outdoor activities.

...ensures officers are trained for the job they undertake...

...enjoys working with the dogs, and making a difference within the facility and community.

Roy Moore began his career with the Oklahoma Department of Corrections at JLCC in December 1997. He has been working as the K-9 Officer for several years, and is also in charge of the contraband room.

Roy's job duties include the use of K-9's to limit the introduction of contraband

into the facility and physical plant. He also assists in the apprehension of escapee's. Roy routinely walks his K-9's through housing units searching common areas and offender cells for illegal substances. He says that he "enjoys working with the dogs, and making a difference within the facility and community." When he is

not at work, Roy enjoys hunting, hunting and hunting...

The highlight of Roy's career came on October 19, 2011 when he was asked to assist in the search for a 4 year old boy who was reported as missing from his home in the rural community of Bowlegs. Roy drove the roads and shouted the boy's name. After hearing a dog bark, he exited the vehicle to find the child behind a brush pile. There were over 90 law enforcement officials involved in the search.



Roy Moore
Corr. Security Officer IV
John Lilley CCC (JLCC)

The Oklahoma Department of Corrections extends our sympathy and condolences to the family of Nathan Pahukoa, Honor Guard Commander from the Northeast Oklahoma Correctional Center, who passed away April 28, 2012. Commander Pahukoa was pleased to be included in this edition.

HONOR GUARD



Oklahoma Department of Corrections HONOR GUARD

Within the Department of Corrections is an elite group of officers not often spoken of but very often called upon. They have been recognized for their abilities in drill and ceremony. Their dedication and devotion is evident by their availability and willingness to respond on a moment's notice. This elite group of officers is the Oklahoma Department of Corrections Honor Guard.

The Honor Guard renders honors and courtesies at DOC ceremonies, funerals of current and retired employees as requested by family members, and other occasions as authorized by the Director. Being a member of the Honor Guard is an honor within itself. Members are

called upon frequently by the department to honor fellow employees in a position of respect. This occasion is of a solemn nature and difficult, however it is the last final act of respect we as a department can provide to a fellow employee.

The services that the Honor Guard offers to family members who have lost a loved one include posting at the funeral as well as the folding and presentation of the flag at the gravesite. The picture the Honor Guard presents for the lost loved one's family and friends is a precious memory for many as evidenced by the thank you cards, notes, and calls received from the families. The presence of the Honor Guard has a positive effect in a difficult

time of life.

The Honor Guard has posted colors at numerous events such as conferences, ceremonies and facility anniversaries. On April 20, 2011 five Honor Guard members were selected to participate in the posting of colors at the Oklahoma Correctional Employees Memorial Foundation memorial service in Oklahoma City. The participating members were Nathan Pahukoa, Kevin Angel, David Edelman, Travis Ary, and Benjamin Williams. Their professionalism and outstanding performance did not go unnoticed by the Correctional Peace Officers Foundation (CPOF). As a result they were invited by CPOF to participate in

HONOR GUARD MEMBERS

COMMANDER

Sergeant Nathan Pahukoa, Northeast Oklahoma Correctional Center

ASSISTANT COMMANDER

Lieutenant Kevin Angel, Howard McLeod Correctional Center

ASSISTANT COMMANDER

Sergeant David Edelman, Lexington Correctional Center

Conan Jackson – Central Transportation Unit

Jon Marzett – Dick Conner Correctional Center

Alex Lauderdale – Eddie Warrior Correctional Center

James Haun – Hillside Community Correctional Center

Michael Morelli – Howard McLeod Correctional Center

Kacy Hallows – Howard McLeod Correctional Center

Andrea Jordan – James Crabtree Correctional Center

Kevin Jones – Jess Dunn Correctional Center

Ross Hash – Jim E. Hamilton Correctional Center

Travis Ary – Joseph Harp Correctional Center

Cody Simmons – Joseph Harp Correctional Center

Benjamin Williams – Internal Affairs

Christian Mitchell – Lexington Correctional Center

Michael Whomble – Lexington Correctional Center

Catlin Holmes – Mabel Bassett Correctional Center

Phillip Carey – Mabel Bassett Correctional Center

Jarett Krueger – Mabel Bassett Correctional Center

Travis Showalter – Oklahoma State Penitentiary

Robert Ross – Oklahoma State Penitentiary

Angelica Padilla – Oklahoma State Reformatory

Brian Boatman – Union City Community Corrections Center

Mark Crawford – Joseph Harp Correctional Center

Being a part of the Department of Corrections Honor Guard requires professional values, honor, integrity, respect, loyalty and selfless service. Their representation of the department requires appearance and demeanor of a professional nature that reflects the above stated values. The Honor Guards' professionalism and dedication to the cause always comes together as they look sharp and stand tall.

the Annual National Memorial Ceremony Project 2000 XXII at the historic Alamo in San Antonio, Texas, in June 2011. Project 2000 XXII is a four day gathering of and for correctional personnel from across the United States. The highlight of every Project is the CPOF's National Memorial Ceremony for correctional personnel that have died in the line of duty in the preceding year. What an honor for Oklahoma to have representation at this ceremony honoring the fallen officers of the year 2010 who gave their lives protecting society. The members did not just attend the ceremony; they participated in the ceremony with Honor Guard's from other states.

On November 4, 2011 two members joined in the birthday celebration of John Barrier, an officer who was severely injured in the Oklahoma State Penitentiary riot of 1973. This celebration took place at the Walnut Grove Living Center in McAlester with friends and family of Mr. Barrier. The members presented a flag to Mr. Barrier that had been flown in his honor as a veteran of the armed services. Members participating were Kevin Angel and Travis Showalter.

On January 28, 2012 the Honor Guard traveled to Marianna, Arkansas for the funeral of Sergeant Barbara Ester, an Arkansas Correctional Officer who was killed in the line of duty on January 20, 2012. The members offered support by directing traffic and posting at the funeral services. They were joined by Honor Guards from the states of Arkansas, Michigan, South Dakota, and the Correctional Peace Officers Foundation. Members who participated were Nathan Pahukoa, Travis Ary, Alex Lauderdale and Benjamin Williams.

QUALIFICATIONS FOR HONOR GUARD

Institutions, community corrections centers, and probation and parole districts may be represented in the Honor Guard. To qualify for the Honor Guard members

- must volunteer
- have completed at least one year of service with the department of corrections
- have body weight in proportion to body height
- be available on short notice to perform in Honor Guard functions
- possess a high level of integrity and job proficiency
- maintain physical appearance and decorum which promotes confidence and projects a professional public image
- have received no formal disciplinary action in the last year
- must have met or exceeded all standards on the most recent employee performance appraisal.

Being recommended is indicative of the high caliber of officer the employee is.

An interview is not the final deciding factor on whether an employee is selected for the Honor Guard team. The prospective member will be required to successfully complete their first training with meets standards in performing basic marching and movements of basic drill and ceremony. Members must possess the ability to perform with a team.

All members train semi-annually to ensure all of the basic marching and movements of basic drill and ceremony are kept current. This training is intense with many long hours of grueling marching practice and drills. Areas of training include drill commands, position of attention, present arms, order arms, parade rest, executions, and marching. The members take this training very seriously and their performances are evidence of their professionalism and dedication. ■



Annual Affirmative Action Committee Chairpersons Meeting

March 21, 2012
DOC Administration Building



1. Reginald Hines, Deputy Director, Division of Community Corrections

2. Elvin Baum, Administrator, Employee Rights & Relations

3. Guest Speaker Dr. Jason F. Kirksey, Associate Vice President for Institutional Diversity at Oklahoma State University

4. Group shot of meeting participants



CELEBRATE RECOVERY

March 27, 2012 • H2O Church • Ardmore, Oklahoma

Celebrate Recovery have dedicated DOC volunteers (Tom Groeschel, Royce Groeschel, Pastor Chuck McKinnel and Rick & Theresa Henshaw) who are leaders and sponsors in helping offenders down a positive recovery path. Pictured at left are (L-R) Martin, Britton and Burkhalter. It was reported that the church had a lot of moving and inspiring emotions while these men played and sang traditional gospel songs. Celebrate Recovery is held offsite once a week and as well as onsite for services.

Celebrate Recovery gives offenders a chance to get back into society and a way to change themselves and defeat any hurt, habits, or addictions. And a way to say "that isn't who I am - this is" and show they are too just as worthy through faith-based structure and to overcome any challenges.



COMMUNITY COLLEGE TIMES

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communitycollegetimes.com

AMERICAN ASSOCIATION OF COMMUNITY COLLEGES

Program allows inmates to make use of 'idle time'

By Garry Boulard, Published September 21, 2011

For Adam Tuhacek, going to college while incarcerated at the Conner Correctional Center in Hominy, Okla., solved two problems simultaneously: It allowed him to pursue a long-standing interest in computer science, while giving him a leg-up on life after prison.

"I took data structures, fundamentals of networking and advanced placement testing on calculus II and calculus III," said Tuhacek, who since his release this year has gone home to Michigan with hopes of pursuing a computer science degree at a four-year institution.

At 37, and with 20 years of time served for an altercation in a club that turned into a murder, Tuhacek acknowledged that he is not overly optimistic about his prospects.

"My biggest obstacles right now are the felony and the 20-year gap in my work history," he said.

Even so, Tuhacek credits Tulsa Community College (TCC) with giving him an opportunity not readily available at other correctional institutions: The chance to go to college through TCC's corrections education program, which is designed to provide offenders with a pre-release certificate and degree training in computers, business and hospitality.

Making good use of time

The program has had an impact beyond what officials initially anticipated, said Gornie Williams, associate dean of business and information technology at TCC, who noted that since the founding of the program in 2007, more than

200 student inmates have taken a TCC class at either Conner or the Turley Correctional Institution in Tulsa.

"There are lots of grants and programs out there for people who have been released, but nothing taking advantage of the so-called 'idle time' that male and female offenders have leading up to their release," said Williams, who is also an instructor with the program.

The program has been particularly effective in helping students "change their thinking," said Sheila Harbert, chief community outreach officer for the Girl Scouts of Eastern Oklahoma, which works with TCC and the Oklahoma Department of Corrections (ODC) on a behavior skills program at Turley.

"You can teach these students many things. But if their thinking and behavior problems don't change, they're going to keep finding themselves in the same situations," Harbert said.

Clint Castleberry, a program administrator who lauds the TCC program, agreed.

"This is the kind of thing that gives the participants a sense of accomplishment that they might not otherwise have," Castleberry said.

According to a recent Pew Center on the States study, that sense of accomplishment for students with an associate degree reduces recidivism, from 43 percent on average for student inmates without a two-year degree to 13 percent for students with a degree.

The TCC program is comprehensive and keeps students progressing and acquiring more general skills, according to officials. First-year students earn a certificate in computers,



Inmates at the Conner Correctional Center in Oklahoma prepare to graduate with an associate degree through Tulsa Community College's corrections education program.

and in the second year they earn a hospitality certificate. The subsequent year they receive a restaurant management certificate, culminating in the fourth year with an associate degree in business.

"We call it 'Milestones of Success,'" Williams said. "Each year that an offender is in the program, they graduate. By doing it this way, the students experience something that they may have never experienced before—ongoing success. It gives them something to continually look forward to and encourages them to stay involved and engaged."

Paying for it

For the past three years, the program has annually increased 20 percent on average. Last year, 116 enrolled students earned 1,069 credit hours.

Students in the program pay for their education either through their own funds, Native American tuition assistance, veterans assistance or, until this year, a federal grant program. The college also holds an annual fundraising dinner with the Muscogee Creek Nation and

the Anne & Henry Zarrow Foundation that brings in \$5,000 to \$10,000 in net revenue.

But despite the program's success, it faces tough fiscal challenges.

"Because of changes in the federal financing of scholarships for youthful offenders, along with a few other budgetary restraints, access to education for Oklahoma inmates is being reduced," said Leah Harper, a spokesperson for TCC.

Funding for the U.S. Department of Education's Incarcerated Individuals Program was cut earlier this year. For TCC, it means it will lose about \$60,000 for its \$80,000 program. As a result, TCC's program currently accommodates less than a fourth of the student inmates eligible and interested in taking classes.

From former student Tuhacek's perspective, TCC's program should keep running because it gives inmates hope.

"There are a lot of guys in prison who have given up on life," he said. "If you can get them into education, it can make a difference."

Cost of Incarceration

by Jason Bryant, Case Manager IV, Bill Johnson Correctional Center

In 2011, the total direct cost for incarcerating offenders annually in the State of Oklahoma was \$372,053,156. [1] Of those offenders in Oklahoma State facilities, 94% of those offenders are going to be released from DOC custody within 5 years [2] and return to their communities and neighborhoods, but unfortunately many do not make the correct decisions and return to DOC facilities. In Oklahoma, 24% of released offenders are re-incarcerated, and at an annual cost of \$14,858 per offender [3], these returning offenders become a troublesome burden for Oklahoma taxpayers.

The Regimented Treatment Program (RTP) at the Charles E. "Bill" Johnson Correctional Center (BJCC) was developed to be innovative in providing treatment and education to these incarcerates so that their decision making in the future will help curb the increasing social problem of people in prisons and people returning to prisons.

The primary mission of the RTP is to provide a comprehensive regimented substance-abuse treatment program for

minimum-security offenders. Our primary programmatic mission is to provide education, while reducing recidivism of the drug offender establishing a safe, structured correctional environment conducive to positive behavior changes.

BJCC is the only dedicated treatment facility of the seventeen facilities operated by the Oklahoma Department of Corrections. The RTP is designed to address the assessed criminogenic needs of many offenders. Cognitive behavior counseling, substance abuse treatment, education, reintegration and reentry services, therapeutic community, and work provided in a structured setting are core components of every offenders program. These core treatment components are supplemented by numerous ancillary programs offered by staff, volunteers and offender peer counselors. Prisons throughout the United States have traditionally provided programs, when resources are available, that try to reduce the number of offenders who return again to the prison system. Those programs typically address one or two issues facing the offender,

i.e., treatment, reentry, or education. The Regimented Treatment Program has changed previous practice by addressing many of the significant factors that have been assessed as being a risk to an offender's success, not just one issue.

From July 2008 to July 2011, 922 offenders completed RTP and were placed on supervision or discharged. Of the 922 that were released from incarceration, 83 have been re-incarcerated which means 839 are thus far successful and remain living in the community revealing a 91% success rate. Those offenders that successfully completed RTP and have successfully remained in their communities and neighborhoods during this time would have cost Oklahoma Department of Corrections approximately \$683,468 annually if they had returned to prison. [4]

The cost of incarcerating offenders is staggering. The Regimented Treatment program at BJCC is a great example of ensuring tax dollars are utilized wisely and efficiently, thus decreasing prison populations and ensuring our communities are safe. ■

- [1] Oklahoma Department of Corrections. Total Cost to State. www.doc.state.ok.us
- [2] Oklahoma Department of Corrections. Corrections News and Research. www.doc.state.ok.us
- [3] Oklahoma Department of Corrections. Facts about Oklahoma Prison Recidivism. www.doc.state.ok.us
- [4] Oklahoma Department of Corrections. 2011 Bill Johnson Correctional Center Recidivism Report

Jim E. Hamilton Correctional Center (JEHCC) *Volunteer Based Reading Program*

JEHCC educational department is using a reading intervention program which supplements the GED instruction for the offenders. The material in this program builds fluency and supports comprehension and vocabulary growth for offenders with reading deficiencies. Program Volunteer, Barbara Tyson Ed.D., has worked diligently with Diane Adams, GED teacher, at establishing and implementing this program at JEHCC. A computer-assisted program is being used to assist volunteers and tutors in instructing offenders in this program.

Large classes and numerous offenders with special reading needs who require explicit and intensive reading instruction

overwhelm many educational instructors. Therefore, teachers/instructors and volunteers are able to provide more individualized assistance to more offenders with the use of the computer-assisted program.

Ms. Tyson has been very instrumental in volunteering her time and expertise in implementing this program. She is certified to administer the GED exam and has volunteered her valuable time at the facility for numerous years.

Pam Humphrey, Superintendent of Schools for the Department of Corrections, provided consultation and guidance as this program continues.



Pictured are program volunteer, Barbara Tyson ED.D. (above right), and offenders in the reading program at JEHCC.



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April 8, 2012 • McAlester, Oklahoma



NORTHEAST OKLAHOMA CORRECTIONAL CENTER (NOCC)

Black History Month

Division of Community Corrections Deputy Director, Reginald Hines visited NOCC and gave a presentation for Black History Month.

Today's Struggles for Tomorrow's Success was the theme for Mr. Hines' presentation as he spoke to the NOCC's staff members. Mr. Hines asked the question, "What will people remember us for?" The difference we make in the hearts and lives of those we've come across is what we should judge to be our success.

He went on to remind us of the rich heritage that all of African Americans have inherited and the culture and history that Black History Month carries with it. It teaches all African Americans to carry within themselves the memory of the journey and to remind them that they are evidence of the

success of that journey.

Mr. Hines spoke of those African Americans without whom this country would never have become the land of the free and the home of the brave. People like Booker T. Washington, who represented the last generation of black leaders born into slavery, who inspired African Americans to develop economic skills and Douglas Wilder, the first African American elected Governor of Virginia, the former capital state of the Confederacy.

It was the tremendous sacrifices, struggles and suffering of millions of African Americans that made the largest difference in the fight for equality and justice and arguably the largest difference in the history of African Americans in our country. America is great because of the journey of our



Rodney Redman, Warden, NOCC, and Reginald Hines, Deputy Director, Division of Community Corrections.

people and our progress is evidence of that journey, a journey that has taken decades to travel along miles upon miles of history's highways.

Mr. Hines also reminded us that our diversity is our greatest strength. He quoted Frederick Douglass, speaking to whites and blacks alike, who stated 160 years ago, "Remember that we are one, that our

cause is one, and that we must help each other, if we would succeed."

In closing Mr. Hines wanted us to never listen to other people's tendencies to be negative or pessimistic, because they take your most wonderful dreams and wishes away from you. Turn a deaf ear when people tell you that you cannot fulfill your dreams.

142nd

Congress of Correction

July 20-25, 2012

DENVER, COLORADO





Oklahoma State Penitentiary
Chili Cook Off 2012
February 2, 2012 • McAlester, Oklahoma



Pictured above are (L-R) Jerry Hunt, "Hottest Chili Winner" Richard Brown, "Best Overall Chili" Butch Petty, and Warden Randall G. Workman.

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(A Day in the Life, cont. from page 11)
a little different. They have to put on a different game face because they may be sent to do this difficult duty. Being sent is a very different proposition than just being expected to react. Preparing to be sent happens before you arrive. It must... the officer is expected to be ready from the first minute to the last.

Now we can talk about the part of the day that we all see and know. The day of a CO we all see starts with a shift briefing. This is actually the first of several "shift briefings" an officer will have in a normal work day. The first is actually a "previous shift briefing" in which the officer learns of the occurrences of the past several hours or days. There's a roll call and a post assignment involved, and a few cudo's or "don't do that's" to get out of the way. Information flows pretty fast so you have to pay attention or risk missing the thing you needed to know the most. The most important piece of information is different for each officer. The post you work on and who you work with makes the information you need different. Tons of information is exchanged in a good shift briefing but, if you watch from outside, it appears pretty boring.

Then... a flood. Officers seem to be everywhere. Every door you walk up to has officers jamming the system. They are here, there, and everywhere. Then, just as you think there's no room for any more, they're all gone. It really is amazing that it takes so many but you see so few during the regular work day. Officers are so spread out throughout the facility that you often don't know just how many are actu-

ally around. Watch a shift briefing exodus someday... it'll amaze you that there are so many and so few.

Then, another briefing as soon as the officer arrives on post. This is a little more post specific. Who's here and who ain't. Who's coming and who's not. Unit Manager issues, offender issues, equipment issues, stuff that happened last night, or this morning, or yesterday, stuff that's going to happen. Stuff that might not happen but we need to be ready for it anyway... You know, "STUFF."

Finally, the routine. Log in the book and inventory post equipment and log that. Log in the book, count, log in the book again. Search a cell or three, log in the book again. Open the unit gate, close the unit gate, log in the book again. Count, log, search, log, open, log, close, log. And... if that weren't enough, supervise unit orderlies, maintain the cleanliness of the unit, rove around to maintain order and see what's going on. Work on interdiction activities with your shift. Work on interdiction activities with your unit, work on "Stuff" the Chief thought would be a good idea, and when time allows develop your own information to add to the intelligence of the facility.

When you can find the time you can eat a bite, take care of any personnel business, and try to keep the personal life operating while on post. This is another issue that CO's contend with that's a little different. Depending on what the shift of the moment is, you could find yourself dispensing homework advice or dating advice over the phone. Family life is important and

officers always look for ways to be involved while maintaining a good post watch. Especially as children get older because their lives are so "right now" they often cannot "wait till Dad or Mom gets home."

At the end of all that the typical officer will check on the needs of following shifts, write any reports necessary, and try to get out the door. Trying to "get out the door" is often the most challenging part of the end of the day. Some folks bolt hoping to get gone before "IT" can happen. Some linger, hoping that when "IT" happens nobody will know where they are. Some just stroll nonchalantly hoping that "IT" won't see them. "IT" is whatever emergency that starts right at the end of the day. "IT" is a pain because folks have already taken their game face off and made plans to be at home with the family (or on the fishing bank with rod and reel). Even if "IT" doesn't find you, getting out the door can still take a while. Watch a shift leaving sometime. You'll see all the people described above plus a few not mentioned.

This is the deal. The officer getting out the door doesn't stop the day. After a while on the job you realize that you always carry some part of it home with you. The worries and the concerns become part of your life. The trick is meshing them with home so they don't take over. Then, there's always prep for tomorrow. Polish the brass, shine the shoes, and prepare the equipment... ■

One soft drink per day can raise your heart attack risk by 20%, according to the latest U.S. studies. Tests on blood samples showed that those who consumed a soda per day tended to have higher levels of dangerous blood fats and proteins linked to heart disease. Levels of good cholesterol were lower, as well. Previous research found that women who consumed sugar sweetened beverages were at greater risk than men for developing heart disease, but newer studies have discovered men are at equal risk. Research consisted of over 40,000 men similarly show that those who drank an average of 6 sodas per week were 20% more likely to have a first heart attack over 22 years than those who abstained from drinking them. Each additional soda boosted heart attack risk by 19%. The association persisted after adjusting for high cholesterol, triglycerides and blood pressure, suggesting that soda beverages may impact coronary heart disease risk beyond traditional risk factors.

It appears drinking diet soda is not a good alternative either. Research has identified four health problems with the diet versions:

<h2 style="font-size: 2em; margin: 0;">1</h2> <h3 style="margin: 0;"><u>Kidney Damage</u></h3> <p style="font-size: 0.8em; margin: 0;"><i>It is thought that the sweeteners used in diet soda may scar kidney tissue over time.</i></p>	<h2 style="font-size: 2em; margin: 0;">2</h2> <h3 style="margin: 0;"><u>Weight Gain</u></h3> <p style="font-size: 0.8em; margin: 0;"><i>Theories suggests some people may feel that the diet drinks give them a free pass to eat more food higher in calories.</i></p>	<h2 style="font-size: 2em; margin: 0;">3</h2> <h3 style="margin: 0;"><u>Tooth Enamel Damage</u></h3> <p style="font-size: 0.8em; margin: 0;"><i>Soda is hard on enamel, with the sugar and acid causing most of the damage. Diet drinks eliminate the sugar but not the acid content.</i></p>	<h2 style="font-size: 2em; margin: 0;">4</h2> <h3 style="margin: 0;"><u>Bone Loss</u></h3> <p style="font-size: 0.8em; margin: 0;"><i>The phosphoric acid in soda causes calcium in the bloodstream to be excreted more quickly than normal through urine. Bones then give up some calcium in order to keep the bloodstream calcium level constant.</i></p>
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MAY		23 Years		Jeffrey Vaughan	Agri-Svcs/JBCC	Gary McGee	EWCC
Patricia Bracken	Info Tech	Maribel Trinidad	CDCC	Geary Smith	Agri-Svcs/JBCC	Tommy Lowe	JEHCC
39 Years		Eugenia Sherron	JDCC	Dale Smith	JBCC	Steve Lockwood	Education/OSP
Warren Ross	Altus CWC	Ronald Roskam	WKCC	Chad Sampson	CDCC	Cory Ketch	MBCC
37 Years		John Roper, III	Facility Classification	Gerald Meeks	OSP	Brian Joyce, II	OSP
Verna Alberty	Medical/NOCC	Donald Petty, Jr.	OSP	Samuel McGinty	MACC	Gary Johnston	Medical Adm/JEHCC
34 Years		Terri Mayo	Field Operations	Marilyn Martin	SEDCC	Jerry James	OSP
James Arnett	Instit Division III	Howard Martin	Enid CCC	Rusty Laub	OSP	Andrea Howry	Hillside CCC
33 Years		Kelli Hall	Personnel Unit	Roy Henry	MACC	Hal Frei	JCCC
Jim N. White, Jr.	Agri-Svcs/JBCC	Roberta Curtis	BJCC	Patricia Grimes	EWCC	Mark Franklin	Education/JBCC
32 Years		Linda Burnett	Education/JBCC	Mark Grantham	DCCC	Christopher Etchison	OSP
Cindy Leonard	Personnel Unit			Leland Fiedler	NOCC	Beverly Elwell	JCCC
Jean Amos	NOCC			Jennifer Elledge	CDCC	Lance Cullen	Union City CCC
30 Years				Linda Cooper	JLCC	Deborah Blocker	Div of Comm Corr
Anita Trammell	MACC	Veryl Hance	OSP	Sandra Clepper	Medical/JCCC	Monika Benton	JEHCC
Connie Kays	NOCC	Kenneth Erfurdt	NEDCC	Kerry Chase	MACC	Robert Apala	OSP
Margaret Johnson	SEDCC	Troy Bengé	EWCC	Glenford Barker	Frederick CWC		
Russell Golden	MACC	22 Years					
29 Years		Kelly West	JDCC	Lynda Sykes	JLCC	Corrine Weilmuenster	JLCC
Jo Gwinn	JCCC	Paul Pickle	JEHCC	Beverly Johnston	Facility Classification	Tama Summers	JEHCC
Rickey Ford	JEHCC	John Meadows	JCCC	Wesley Carter	JLCC	Liliana Speed	Mental Health/LARC
Thomas Butler	OSP	Cynthia King	Admin Svcs	Sidney Carnes	TCDC	Darrel Schreiner	Mental Health/OCCRS
28 Years		Leonard Howard, Jr.	JBCC	Phyllis Adams	Personnel Unit	Ricky Rice	MBCC
Gary Mock	JHCC	Kathryn Hamilton	EWCC			Rhonda McIninch	HMCC
Rita Landers	JHCC	James Farris	HMCC	15 Years		Cindy Kincaid	Medical/JEHCC
Philip Brandon	SWDCC	Darrell Carpenter	JBCC	Paula Williams	JBCC	Stephanie Howard	LARC
27 Years		Douglas Canant	SEDCC	Glynda Underwood	MBCC	Mark Hawkins	BJCC
Jose Salinas	Info Tech	Howard Brittingham	OSP	Erik Thomas	OSP	Stanley Graumann	OSR
Alisa Pinkerton	DCCC			Allen Semeski	JBCC	L'Tanya Faulk	JDCC
Robin Jones	OCI Mfg/JHCC	20 Years		Anissa Roberts	Agri-Svcs/JCCC	Leo Everett	JHCC
Danny Ellis	OSR	Marlis Dooley	JCCC	Tracy Roberson	Medical/JHCC	Laura Burleson	Medical/DCCC
26 Years		Darrell Cloud	Education/DCCC	Erick Morris	BJCC	Cary Bryant	Hobart CWC
Bruce White	Mental Health/OSP	Cherry Bankston	DCCC	Bruce Meyer	Medical Adm/BJCC		
25 Years				Curtis McPheeters	OSR	Terry Smith	JHCC
Rick Ryel	OCI Mfg/JCCC	Sally Wiggins	MACC	Randy Martin	JBCC	Gregory Ritter	JHCC
Sidney Purcell	BJCC	Bryan Richard	MACC	Vicky Kyzer	JDCC	Lyndon Keller, Jr.	DCCC
Anita Fry	DCCC	David Ramsey	Training	Vincent Kinsey	OSP	Corey Day	JHCC
Larry Cave	DCCC	David Kincaid	JEHCC	AI Kelly	Lawton CCC		
Malaya Brooks	Education/MACC	Bradley Horn	SEDCC	Jeanna Howell	Com Sen/Off Info Svc		
Esther Bates	NOCC	Edward Bell	JDCC	Dennis Hendrix	OSR	Kristi Wingo	OSP
Steven Babek	Agri-Svcs/OSR	Carlene Barahona	JCCC	Joseph Hendrex	JDCC	James Seber	JHCC
Ronald Allen	HMCC	Debra Aldridge	OSP	Shetina Bunn	CDCC	Jameela Popenhagen	Training
24 Years				Sherrie Buckler	Union City CCC	Charles Phillips	Medical Adm/JLCC
Lydia McBride	Hillside CCC	19 Years		Curtis Brown, Jr.	JHCC	Ben Nevarez	Frederick CWC
Patricia England	Oklahoma City CCC	Kevin Stanley	Instit Division III	Leonard Brojakowski	JBCC	Lois Johnson	SWDCC
		William Robb, III	LARC	Shane Batey	Trans Unit/JLCC	Shelley Hanson	Union City CCC
		Jack Orr	Instit Division III	Phyllis Baker	EWCC	Charles Fields	Lawton CCC
		Betsy Hormel	Info Tech	Edwin Adkins	NEDCC	Glen Coleman	LARC
		Diana Givens	Mental Health/JHCC			Stephanie Burk	Internal Affairs
		Lee Collie	EWCC	14 Years		Angel Bonilla	SWDCC
		Mark Cathey	JBCC	Chad Strode	OSP		
		Paul Blankenship	LARC	Brenda Rowton	JEHCC		
				Daniel Presley	JEHCC	Damon Wilbur	JHCC
				Leslie Post	OSP	Keith Wells	OCI Mfg/LARC
				Chad Morgan	OSP	Sharon Taylor	KBCCC
				Waverly Merriweather	Walters CWC	Gregory Stockton	JDCC
		James Wilson	JBCC				

HAPPY RETIREMENT

29+ Years of Service



Pictured above (left): Back row (L-R): Connie Yarbrough, Casey Pebley, and Tonia Dickerson; front row: Lawanna Hamrick and Pam Anderson. Pictured above (right): Patty Davis receives the Governor's Commendation from Dr. Laura Pitman at her retirement party.

30 Years of Service



RETIREMENTS

MAY

Wayne R. Bowers
 Jeff D. Bridges
 Toni D. Brown
 Carolyn S. Cheek
 Sharon N. Dale
 Mark S. Finch
 Bessie S. Greenway
 Frank D. Harback
 Ethel E. Hartley
 Joe M. Owens
 Phillip W. Reuss

JUNE

Martin G. Conway
 Patsy V. Drivere
 Mark A. Everett
 Samuel L. Terry

JULY

Marvin D. Beck
 Lyndon M. Keller, Jr.

SEPTEMBER

Harvey D. Bundens

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